



ADOLESCENT DUAL DIAGNOSIS PROGRAMS

Intensive Outpatient (IOP)
Partial Hospitalization (PHP)
Programs



Access Center
(Admissions)

800-603-6767

Adolescent Dual Diagnosis Programs

Our Adolescent Dual Diagnosis Programs are designed to support youth and meet them where they are at in their recovery process. Through psycho-education about the disease of addiction and harmful effects of substances, youth gain coping skills to learn a healthier way of living.

Whether at the Partial Hospitalization or Intensive Outpatient level of care, groups are facilitated by Master's level licensed clinicians on a variety of topics that include:

- Resistance to Change
- Cognitive Behavioral Therapy
- Relaxation Techniques
- Healthy Relationships
- Coping Skills
- Family Dynamics
- Motivation to Change
- Codependency
- Anger Management
- Substance Abuse Education
- Positive Thinking
- Relapse Prevention
- Peer Pressure
- Feeling Identification
- Safety Planning

Through improving family relationships and connection with the community in AA/NA meetings, the adolescent is headed on a road to recovery with a positive social support system in place.

Transportation is available within local communities.

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